

Preview a few pages from our guidebooks before ordering.



Ordering: email [orders@virginiahiker.com](mailto:orders@virginiahiker.com) • Pay in cash at pickup (Fort Walton Beach, FL).

A practical starter guide covering planning, gear basics, trail etiquette, and safety essentials.



## Sample: Checklist Snapshot

- Route basics: distance, elevation, estimated time
- Weather check: forecast + daylight window
- Safety: share itinerary, carry ID, know turnaround time
- Essentials: water, snacks, first aid, headlamp
- Navigation: offline map, compass (optional), trail notes
- Leave No Trace: pack out trash, stay on trail

These materials are for informational purposes only. Always follow local laws, park rules, and your own judgment. Outdoor activities include inherent risks.

A step-by-step template to plan a weekend hike, including packing lists and printable planning sheets.



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A skills-focused guide with risk awareness, emergency planning, and backcountry best practices.



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All guides together. Great for building a full reference library on your phone, tablet, or computer.



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